

Habits of Mind

Fun Activity Calendar

 Do these activities with your
Parents & Siblings!

 Think

 Try

 Learn

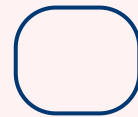
 Grow

 Complete at your own pace
Tick  when done
Enjoy together

1 Persisting Puzzle Power Challenge



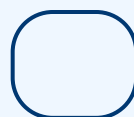
- Sit with your family and solve a puzzle (jigsaw / word / math).
- If you get stuck → **don't stop**
- Try at least **3 different ways** before asking for help



2 Managing Impulsivity Silent Challenge – Family



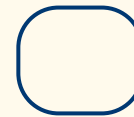
- Sit with your family and stay **quiet for 5 minutes**
- No talking, no laughing
- If someone talks → restart



3 Listening with Understanding and Empathy Feelings Guess Game



- One family member acts a feeling (happy/sad/angry/excited)
- Child watches and guesses the feeling
- Then ask: "Why do you feel this way?"



4 Thinking Flexibly Creative drawing



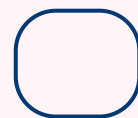
- Parent (mom/dad) draws a **simple shape** on paper, Turn it into **3 different things**
- Example: circle / square / triangle
 - Give the paper to the child
 - Child must turn that one shape into 3 different drawings



5 Thinking About Thinking My mistake story



- Sit together as a family in a **comfortable and calm space**
- Child shares one mistake or something they felt bad about



6 Striving for Accuracy Mirror Match Challenge



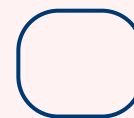
- Parent arranges **5–6 small items** (toys, pens, spoons) in a line or pattern
- Child looks carefully for **10 seconds**
- Cover or mix the items
- Child now **recreates the exact same arrangement**



7 Applying Past Knowledge to New Situations Matching Tiles Game



- Make number and picture cards
- Mix and place them on the table
- Child matches the correct pairs



8 Thinking & Communicating with Clarity & Precision Describe & Find



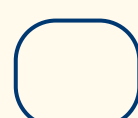
- Child thinks of an object in the room
- Describes it (colour, size, use)
- Family guesses what it is



9 Gathering Data Through All Senses Guess the Item Game



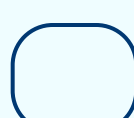
- Parent selects an item
- Child closes eyes and explores it (touch/smell)
- Child guesses the item



10 Creating, Imagining & Innovating Little Chef Challenge



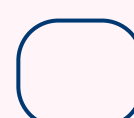
- Parent gives simple ingredients (bread, jam, fruits, biscuits, peanut butter, etc.)
- Child creates a **new snack or dish**
- Child gives a **name** to their creation



11 Responding with Wonderment & Awe Balloon Surprise Pop



- Parent puts a **small surprise** inside a balloon (paper note, tiny toy idea, fun message)
- Blow the balloon
- Child pops it



12 Taking Responsible Risks Try Something New Challenge



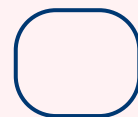
- Ask the child to try one new thing today:
- Speak up in class
- Try a new game
- Talk to a new friend



13 Finding Humour Water Balloon Fun Laugh



- Fill a few **water balloons**
- Family stands in a circle
- Toss the balloon to each other



14 Thinking Interdependently Legged Race



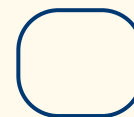
- Pair up two children and tie one leg of each together.
- They must walk/run together to reach the finish line.
- It can be sibling Parent or even a friend.



15 Remaining Open to Continuous Learning Rule Remix Game



- Start a simple game; choose a rule changer
- Change one rule every 30 seconds
- Take turns and keep playing



16 Questioning & Posing Problems Mystery Bag Game



- Parent puts **one object** inside a bag (toy, spoon, fruit)
- Child cannot see it
- Child asks **yes/no questions** to guess the object



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Share your activity with us!

Please upload all your activity in a Google Drive and share the link with us



**We can't wait to see
your fun moments**



**BUILD
HABITS
FOR LIFE**



**YOU'VE GOT THIS
KEEP GOING**